1 Summary of Reporting Period

- This report gives an update on the progress of the Children & Maternity SCN Work Programme from September-December 2014.
- The report will be shared with the Steering Group on 2nd December 2014
- Amber rating across work programme relates to reduced capacity as of 1st October 2014, when 1 WTE Network Lead will leave the role. The post is being advertised as an internal secondment

- **Perinatal Mental Health:** Report to be reviewed at Children & Maternity Steering Group and wider stakeholders on Tuesday 2nd December
- **CAMHS:** First scoping of relevant networks (AHSN, SPIN) to hold best practice event across Thames Valley
- **Stillbirth Audit:** Thames Valley Stillbirth Audit Expert Group meeting planned – 28th November
- **Transition from Children to Adult Services:** Appointment of Reading-based Transition Nurse to be undertaken in December. Transition Event to take place Monday 8th December. Service specifications in development nationally across 4 key areas(as detailed further in report)
- **Asthma and Viral Wheeze:** Recent GP Facilitator appointments made across Berkshire & Milton Keynes. Good engagement and feedback from November Bucks event
2 Project updates

Improvement - Children and Adolescent Mental Health Services (CAMHS)

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<th>Budget £19,000 PePP Care £500 event</th>
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<th>Resource Management</th>
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Current Quarter Status

Previous Quarter Status

Project Aim/Objective

The first phase of this project - to improve Children and Adolescent Mental Health Services (CAMHs) in Thames Valley is:

1. To understand the Mental Health of Children and Young adults across Thames Valley
2. To understand Mental Health services provision for children and Young adults in Thames Valley
3. To understand Users views of CAMHs

This first phase will take place from November – April 2014 to take into consideration the National review of Tier 4 CAMHs already in progress (December 2013-March 2014)

1. To understand the Mental Health of Children and Young adults we need to look in detail at the data and work with CHIMAT, TVSCN Quality Improvement Lead for Information and CAMHs providers in Thames Valley at;
   - Population for Children and Young Adults in Thames Valley
   - Number of admissions to Acute Trusts for Mental Health reasons
   - Number of referrals into CAMHs into what tier over a 2 year period in order to get a trend

2. We need to establish CAMHs provision across Thames Valley to identify any gaps in provision. This can be achieved by
   - Linking with CAMHs providers – Oxford Health and Berkshire Healthcare
   - Linking with the Local Authorities that provide CAMHs Tier 2 in Berkshire
   - Link with CCG leads for Paediatrics and CAMHs across Thames Valley
   - Link with Paediatric units in the acute Trusts in Thames Valley

3. Lastly we need to understand the User experience of CAMHs in Thames Valley at all Tiers – 1-4 we aim to do this by linking with the Nursing directorate to develop a User strategy to gain views of CAMHs users.
Project Update for Reporting Period

- TVSCN Summary paper of CAMHs was published on the TVSCN website November 2014.
- TVSCN has agreed funding through the TVSCN Children and Maternity budget of £19,500 (£11,500 through domain 1 budget) to implement *Psychological Perspectives in Education and Primary Care (PPEP)* throughout Thames Valley and will include Milton Keynes.
- TVSCN has agreed to fund best practice events related to CAMHs and will do this in collaboration with other Networks – AHSN and SPIN. The first event will be in the New Year.
- TVSCN is working with Milton Keynes to undertake CAMHs Stakeholder Engagement using the Patient Participation worker used in Berkshire for a similar piece of work

Key Risks/Issues
The issues for this project are reduced capacity from October 2014 but we will keep steering group updated.

Project Timescale
Timescale currently is 12 months until March 2015

Steering Group Approval required
Reducing Stillbirth

Budget £8,000 Midwife £600 event

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Project Aim/Objective

To engage with the Head of Midwives to gather information on stillbirth in the Thames Valley Trusts. Information will be collated and a ‘expert group’ of specialist midwives and obstetricians will be set up to consider the information and assess if there are any trends or insights. Information will be collated and reported back to the Steering Group to determine next steps.

Project Update for Reporting Period

- The Trusts are in the process of being reimbursed for their time and effort in collating the stillbirth data
- The SCN Data Analyst has produced collated summary information to support the Expert Group
- The date for the Expert Group is the 28th November

Key Risks/Issues

No identified risk.

Project Timescale

Project on plan.

Steering Group Approval required

Decision for progressing the project will be discussed at the Steering Group in December following the expert group meeting outcomes from the TV Still birth audit.
Transition from Children to Adult Services

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**Project Aim/Objective**

Transition has been highlighted as a priority by the National Clinical Director for Children (NHS England) who has established 4 works streams for transition:

1. Specialist commissioning
2. CCG commissioning
3. CAHMS
4. Special educational needs/disability

Transition was highlighted as one of our key priorities in our regional Thames Valley SCN Children and Maternity Event in July 2013.

“Transition is the purposeful, planned movement of adolescents and young adults with chronic physical and medical conditions from child-centred to adult-orientated health care systems”

(Blum et al, 1993)

The aim of this project is to improve Transition from children to adults services across Thames Valley and Milton Keynes and will:

4. Map the current pathways of Children and Young adults across Thames Valley and Milton Keynes for each speciality as they transition from Children Services to Adult Services
5. To understand the number of children within each speciality
6. To understand current service provision for transition within each speciality and any protocols in place
7. To set up a pilot process undertaking transition for 1 or 2 specialties using National tools developed in Southampton for 12 months with clearly defined outcomes based in Oxford University Children’s Hospital
8. To set up a Transition working group across the Network to include all Trusts, Adult Physicians, commissioners.
9. Transition workshop with collation of the pathways and protocols to agree a standardised approach for transition for all services across the Network – using also the National Service Specifications for Transition in the 4 work streams (under development)

The Children’s TVSCN quality improvement lead will be working with a Network appointed Transition nurse hosted at OUH to achieve the aims above.
At the end of this transition project after 12 months we should have a standardised approach to providing effective transition from children to adult services. There should be results from the pilot transition process that demonstrate the effectiveness of transition. By building on the nationally respected work undertaken with our stakeholders in Southampton we believe this project could be highly successful and create a model that could be replicated nationally. It is believed that an effective transition process which supports young people is associated with significant financial savings in the longer term.

**Project Update for Reporting Period**

- Network Transition Nurse in the process of appointing in Royal Berkshire NHS Foundation Trust band 7, 3 days a week
- TVSCN Children & Maternity Event. Monday 8\textsuperscript{th} December ‘Improving Transition from Children to adult services’
- We are part of a National Transition Working group looking at the 4 National work streams described above where specifications are being written and commissioners have been asked to be part of this from across the TVSCN (we have 2 attending)

**Key Risks/Issues**

The issue for this project is reduced capacity from October 2014 but we will keep steering group updated.

**Project Timescale**

12 months until March 2015—delay in that we were not successful in appointing a Network Transition Nurse but payment is there so timeline will be from when nurse is appointed

**Steering Group Approval required**

Network Transition Event – outcomes agreed and supported
Stay with your midwife

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**Project Aim/Objective**

The ‘Stay with your Midwife’ project is aimed at keeping woman on a midwife led pathway rather than a consultant led pathway. Pregnant Woman who book with Bucks Hospital Trust will be assigned to a consultant if they consider having a risk factor. This could be a high BMI (body mass index) for example. By supporting women with information and advice on healthy eating and exercise will support a healthy pregnancy, birth and post-natal period.

**Project Update for Reporting Period**

- The project group is comprised of multi agency representation and includes representation from Oxford Brookes University - The multi agency group met on the 5.11 – at this meeting the key elements to the involvement with women on the project was discussed and will be presented at the next meeting, planned for December 10th.
- A project plan has been agreed and is being led by Bucks Hospital Trust.
- There is a launch planned for January 2015 linked to the Local Authority ‘healthy for the New Year’ campaign.
- Measurement of pregnant women is one element of measurement to be introduced into standard checks that pregnant woman undergo as a part of their care.
- Links to be made with other Trusts doing similar work including Making Every Contact Count – to share best practice and facilitate learning across TV Oxford Making Every Contact count have joined this project group and there will be joint working across Bucks and Oxford on this project.
- Data collection on similar projects of work, a literature review and other key support documentation is being collated by Oxford Brookes researcher.

**Key Risks/Issues**

No identified risk

**Project Timescale**

The project group has identified a timetable, which will be closely monitored by group members.

**Steering Group Approval required**

Steering Group is asked to note the details of the project.
Maternity Dashboard

### Budget

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The HoM have been asked to share their monthly dashboard with the SCN, this has been inconsistent as not all Trusts have shared the dashboard with the SCN, despite reminders.

Nationally the South East Coast SCN are producing a dashboard, which is being shared with the Royal Colleges and other key stakeholders. They have agreed to share their learning and outputs with other SCNs. They are aiming to pilot it Jan-March 2015 in 4 pilot sites.

It is likely that the SEC SCN will agree a nationally agreed and approved dashboard, which could be shared with Thames Valley colleagues.

### Key Risks/Issues

- As Risk related to delay in nationally agreed dashboard, the priority for this project however has been downgraded. It is essential that resources is allocated to this project if the Steering Group decide that the SCN should pick up collation of the data and information

### Project Timescale

To assure steering group that timescales to completion are in hand. This should come from Project Brief/Change Requests

**Steering Group Approval required**

Once there is an update from the South East Coast SCN, the information will be shared with the HoM and the Steering Group will be consulted for approval of resource to be allocated to the project
Perinatal Mental Health

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Project Aim/Objective
To scope the provision of perinatal mental health services in the Thames Valley region. To collate key contacts, key policy information, key documents and information to support awareness raising and information sharing on this crucial area. A report will be produced and shared with the Steering Groups and key stakeholders for comment and to determine next steps.

Project Update for Reporting Period
- Full scoping of service provision and information sourcing has been completed and is compiled into a report it was shared with the Steering group in September
- The report has been shared with key stakeholders and comments being gained

Key Risks/Issues
The issue for this project is reduced capacity from October 2014 but we will keep steering group updated.

Project Timescale
The report will be formally agreed at the December Steering Group.

Steering Group Approval required
To agree the TV Perinatal Mental Health Scoping paper
Reducing Emergency Admissions Focus on Asthma and Viral Wheeze

Budget £40,000 –2013- 2014 app £4,200 (Bucks) links to domain 1 budget

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Project Aim/Objective

1. GP Facilitator Project

Previous work in Thames Valley Cancer Network has demonstrated the value of GP’s delivering awareness raising and education sessions to support and develop the knowledge and understanding of their Primary Care colleagues. This project which relates to reducing emergency admissions in children proposes to focus initially on one long term condition - asthma to improve its management and prevent the need for emergency admissions. Included in this will be the management of viral wheeze.

Asthma UK conducted a ‘Compare your care’ survey in 2013 which revealed that only 1 in 4 people with asthma had been given an asthma action plan yet data shows that patients who use an asthma action plan are 4 times less likely to have an attack that requires emergency hospital treatment.

The aim of the GP facilitator project is:

- To aid the full implementation of NICE QS25 Quality standards for asthma (Issued Feb 2013).  
- To aid the implementation of British Guidelines on the management of asthma. (BTS/SIGN)
- With specific emphasis on self-management education and personalised action plans in children and young people.
- To encourage use of management strategies for recurrent viral wheeze in young children.

The Thames Valley SCN will appoint a GP facilitator for 2 sessions a month (4 hours) in each county to cover, Oxfordshire, Buckinghamshire, Berkshire, Milton Keynes over a 12 month period. During this 12 month period a series of workshops will be put on to update GPs in each county on current NICE guidance on the management of asthma, inhaler technique and the introduction of asthma management plans for each child diagnosed with asthma. Asthma nurses in the community/Practise nurses and school nurses will also be included. The workshop will be run by the GP facilitator with a secondary care physician. The project will very much link with Asthma UK and will use their template for asthma management plans.
2. Developing an Asthma and Viral Wheeze App

Vision
To adopt a free online platform (www.puffell.com) to meet local needs. The platform is designed to encourage individuals, families and communities to self-manage their health and wellbeing. The vision for the asthma and viral wheeze deck is to encourage, support and educate patients to self-manage their condition and know when and how to appropriately escalate to healthcare providers locally.

Overall Aim and Objectives of Puffell

To work collaboratively with local and regional networks to produce one of the six decks listed below on the following subjects;
- Healthier Happier Start - Parenting 0-5
- Health Checks
- Mental Health and Dementia
- Long Term Conditions – diabetes, COPD, asthma
- Workplace Wellness

Thames Valley Strategic Clinical Network will work with Berkshire Local Authorities and CCGs who are developing the Healthier Happier Start app and the diabetes app. It will engage with all stakeholders across Thames Valley key to the successful implementation and use of this app.

Puffell will be able to evaluate the use of all the decks locally with data collection support from Public health England to obtain anonymous information about local needs. It will run face to face educational programmes based on the above to enable those who do not have routine access to computers or smart phones to set their own goals and monitor progress.

Current Process: on www.puffell.com
Puffell is available nationally for every citizen in the UK free of charge, which means that regardless of where a person lives, if they are over the age of 14, they can use Puffell.

Puffell's primary focus is prevention and early intervention; helping to self-care and do more for themselves and for others, reducing burden on the system now and in the future.

This project which relates to reducing emergency admissions in children proposes to focus initially on one long term condition - asthma to improve self-management and prevent the need for emergency admissions. Included in this will be the management of viral wheeze.

The outcome of this project is that the Puffell app will permit parents to have immediate access to general advice on what to do if their child starts wheezing and will encourage them to have contact with their GP/practice nurse to have a personal management plan for their child on the app. It will improve self-management and hopefully decrease the need for emergency medical attention.
Project Update for Reporting Period

- GP Facilitator appointed in Buckinghamshire May 2014 – funded through Domain 1 budget. Planned event 19.11.14 afternoon session completed – an excellent session and evaluation will be shared.
- GP Facilitator in Berkshire and in Milton Keynes have been appointed in November 2014 and will be funded through the TV Children and Maternity Budget. Cost 2 sessions per month until March 2015.
- A survey has been developed to understand the confidence in primary care in managing children with asthma and undertaken in Bucks with a view that this will be replicated across Thames Valley.
- Measuring the outcomes from this event is being explored and just needs to be finalised.
- The asthma and viral wheeze app has been developed and has been ‘soft launched’ at the Bucks Respiratory event to be tested by health care professionals before formal launch.
- TVSCN is part of the National NHS England / SCN asthma group standardising best practice we are leading on inhaler technique/apps and transition.

Key Risks/Issues
The issue for this project is reduced capacity from October 2014 but we will keep steering group updated.

Project Timescale
The asthma and viral wheeze app should be developed by November 2014 in time for the planned event in Buckinghamshire.

Steering Group Approval required
Update
### Project Aim/Objective

To reduce emergency admissions across TV- looking at admission rate and length of stay across TV, reason for admission, management, outcomes and variation, impact of reducing length of stay and admissions as a cost saving.

The aim being to agree Network wide guidelines the first being for pneumonia and then to establish audit cycles.

This project is being led by AHSN but it does link with our initial work and our focus on asthma and our focus on emergency admissions we will be providing input initially on data using our information QIL to understand the variation across TV

### Project Update for Reporting Period

- To inform steering group

### Key Risks/Issues

No identified risk

### Project Timescale

December 2015 –launch of report at AHSN launch

### Steering Group Approval required

For information