### Thames Valley Children and Maternity Strategic Clinical Network Steering Group

#### 2nd December 2014
**Meeting Action Notes**

**Heritage Suite**
Kassam Stadium, Grenoble Rd, Oxford, OX4 4XP

**Chair: Dr. Anne Thomson**

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<th>No.</th>
<th>Item</th>
<th>Action</th>
<th>By whom &amp; by when</th>
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<tr>
<td>1.</td>
<td>Welcome and Introductions</td>
<td>Apologies noted as above</td>
<td>No action</td>
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<td>2.</td>
<td>Minutes and action points from last meeting:</td>
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**Minutes and action points from last meeting:**
The Chair (AT) took the group through the minutes of the last meeting. Comments as detailed below:

- The implementation of PPEP Care: RF reported that the TVSCN Children & Maternity Network are working in collaboration with HEE and the Oxford AHSN for the training programme. CAMHS training leads will be appointed in Berkshire, Oxfordshire and Milton Keynes. The programme will begin in January enabling RF to report back on the progress which has been made at the next steering group meeting in March 2015.
Children & Maternity SCN Update:

TVSCN Website - www.TVSCN.nhs.uk: JC reported that the website is now up and running, encouraging all members to sign up to the newsletter and view the news and updates section which is regularly updated.

a. Children

- **Transition:** RF informed the group of the Network Transition Event on Monday 8\textsuperscript{th} December which has been launched on the back of NHS England’s Draft Proposal for Generic Transition Specification. A part time network transitions nurse has been appointed at the RBH but working across the network.

- **TV SCN and CAMHS Best Practice Event:** RF reported that the next step was to hold ‘CAMHs Best Practice’ Events for the whole system from Health, Education and Social Care. The date is Friday 27\textsuperscript{th} February 2015 with a focus on self-harm.

- **Asthma:** RF informed the group that a GP facilitator has been appointed in Buckinghamshire – Duncan Keeley. The first event was held in Aylesbury a couple of weeks ago and was extremely well attended. A pharmacist attended and SC suggested that they should be included in future events.

- Practices were each given a memory stick loaded with training tools. A survey was carried out to understand confidence levels – results will be presented on the website. The Puffell Viral Wheeze Deck was presented (more in point 8.) A GP facilitator has also been appointed for Berkshire and Milton Keynes. And similar events for primary care in their areas are planned.

b. Maternity

- **Capacity Report Update – Phase 2:** AT presented the report to the group which detailed the future prediction of birth rates and the effect of birth predictions on providers. Solutions for Public Health will now work with providers and others to extend this work, phase two should be completed with the data and results being published at the end of January 2015.

- **Maternity Dashboard:** AT reported that the South East Coast SCN are piloting a project in hospitals in January which will then be available nationally, it is therefore sensible for us to put a hold on ours until it is published.

- **National Pregnancy in Diabetes Audit Report:** The results for the South East Diabetes Audit were presented and the slides are attached. Discussion around next steps.
### Results of TVSCN Still Birth Audit

AT presented the preliminary results of the data collected from January ’14 – May ’14 from the six acute trusts in the Thames Valley. A report of the full findings will be published on the website. Angela Snowling reported that there is a review of National Child Death Review data which may be useful.

### Perinatal Mental Health

- RF reported that a small amount of feedback had been received about the report. Milton Keynes is not included in the initial report, not being part of the network at that time. Berkshire and Buckinghamshire have both given back positive responses, Oxfordshire are yet to comment.
- The report was presented at the Mental Health Dementia and Neurology Steering Group in September and sent out for comment. The feedback to be reported at their next steering group on Thursday 11th December. When agreed it will be available on the TV SCN website.
- A Perinatal Mental Health Lead has been appointed to work with the network two days per week until the end of March. They will be looking to set up a Thames Valley Perinatal Mental Health Network. This will enable counties to become together, NICE guidance to be reviewed and ultimately a network wide approach. An event will be held on March 11th to highlight the good work that has been done and to assess what needs to be achieved.
- There was much discussion highlighting that clear links need to be made between health visitors and perinatal mental health. Social Care staff, front line staff at Children’s Centres need to have joint training to break down barriers.

### Stay With Your Midwife Project Update

- SC updated the group on this successful project aimed at women with a BMI of between 25-30, promoting healthy women, healthy pregnancy, healthy baby and healthy mum.
- Initially started in Bucks led by Heidi Beddal and now including Banbury.
- There is engagement from CCG’s, Public Health and Oxford Brookes University who are looking at the research and evidence and completing a formal evaluation programme.
- Next meeting 10th December which is involving mothers and pregnant women.
- Focus on access to free/minimal cost exercise and the reintroduction of weighing during
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7. **Data**
FM presented the Friends and Family Maternity test results to the group.

8. **Puffell – puffell.com**
Richard from ICE presented the platform which encourages users to take command of their own health. It is a ‘build and share’ model aligned to national outcomes. Different decks related to health needs can be added, with the individual decks being personalised. It is not currently available in an ‘app’ format but is mobile optimised. There are support and chat functions with the option to integrate with Facebook.

- **Asthma and Viral Wheeze Deck:** Two different decks, over 14 years and under 14 years, both tailored to the age range. It contains tools and trackers to aid management. It populates an asthma plan based on data inputted. It links to the Met Office weather data to help identify triggers and challenges. It contains many practical tools and diary functions. It has been ‘soft launched’ for trial purposes.

- **CAMHs Deck:** This was co-created with young people and will go live in the New Year. The first section will be on Self harm and depression. It offers a symptom tracker, video content and raises awareness, with a chat and support function available.

9. **Highlights and Updates from Steering Group Members:**

- SM reported on behalf of Berkshire; A CAMHs care pathway with Public Health is being developed. There are aims to increase the number of beds at tier 4 and the crisis is being resolved at tier 3. A review is required for the ‘looked after children’ beyond a 20 mile radius of Berkshire with some as far as Dorset and Kent. This encouraged much discussion with Buckinghamshire making the group aware that 52% of their ‘looked after children’ are placed out of county, a concern which has now been raised at a national level.

- MW spoke about the ‘Bucks Suicide Reduction Risk Strategy’ and the Oxfordshire review in January which is currently out for comment.

- Slough CCG  There is funding for two respiratory nurses at Wexham Park Hospital
with a PAU A & E Paediatric Ward follow up.

- Maternity – Slough CCG There is funding for women to write their own labour story which is to be made available to midwives to benefit follow up care. Links are to be made with the Friends and Family test. FGM rates are higher in Slough, with higher referrals to obstetric clinic and social care. There is a need for a FGM task and finish group, to produce pathways and guidelines for GP’s in East Berks.

- CAMHs: Mapped alcohol and domestic abuse related crimes in Slough to identify any hotspots.

- 22nd January conference on Palliative care for Children and Young Adults. There are new NICE guidelines and a free transition tool kit which can be found on the Helen and Douglas Website.

- SB Reported that the ‘Hampshire App’ for looked after children and health issues is available but would need to be made accessible for children in region. SB to explore cost for this to be possibly done for the whole of TVSCN.

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<td>AT wanted to make the group aware that it had now been meeting for 1 year and it would be good for all members to specify what they think are the priorities going forward and to bring these to the next steering group on March 3rd.</td>
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<td>AT wanted to bring to the group’s attention the SCN organisational re-alignment programme. The Thames Valley Area Team will be joining with Bath, Gloucester, Swindon and Wiltshire (BGSW) Area Team from 1st April 2015. After initially agreeing to take on the role as Clinical Lead for a few months, now 14 months down the line, Anne has decided that she will be formally leaving at the end of January 2015. She hope that the steering group will meet in March with good plans to progress forward. All wished her every success and thanked her for all her hard work in establishing the TVSCN Children and Maternity Network. Dates for 2015: The dates of the meeting for 2015 will be; 3rd March 2nd June 1st September 1st December They will all hopefully be held in the Heritage Suite at The Kassam Stadium.</td>
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| 13. | • Date of next meeting: Tuesday 3rd March, The Kassam Stadium Close.  
     • There being no further business the Chair declared the meeting closed. |

For any queries on notes and content please contact:

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