

# Bridging the Gap in Perinatal Mental Health Care

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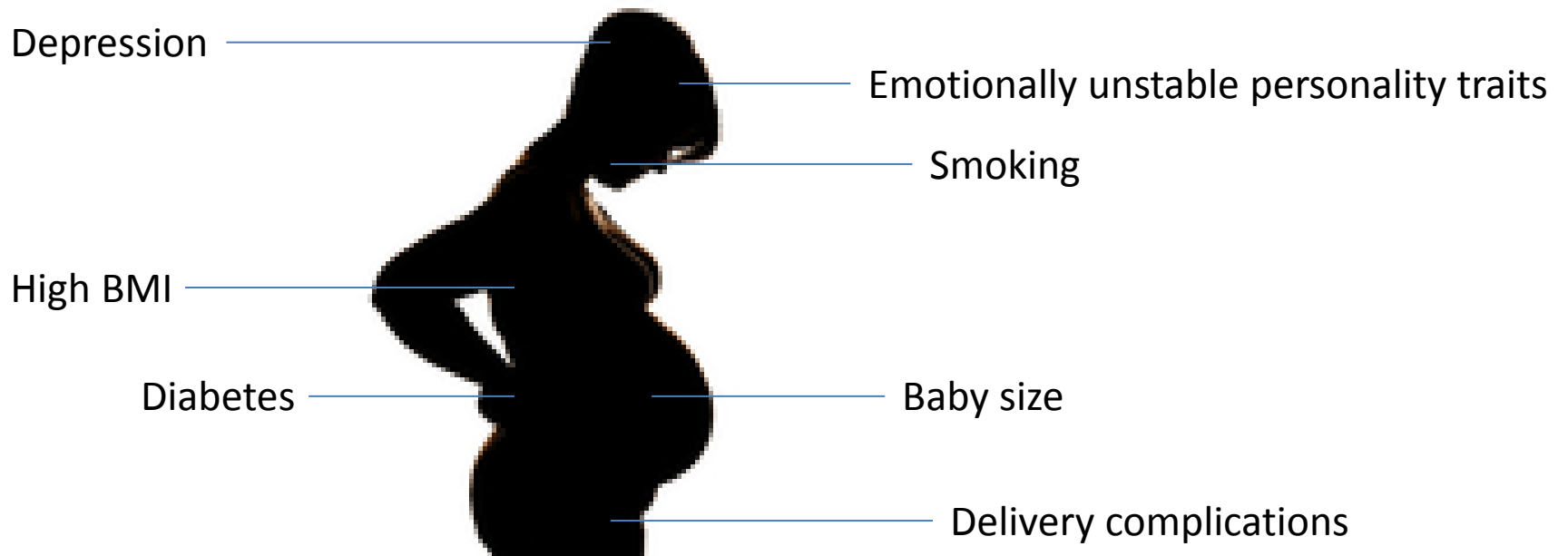


Think different.

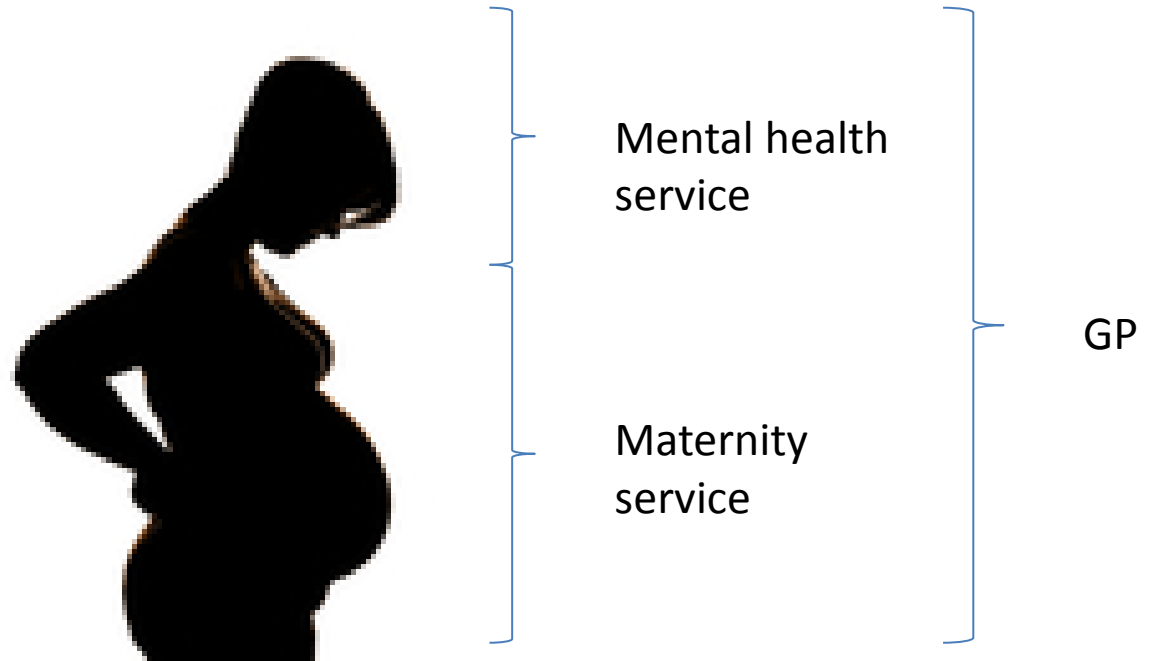
# Perinatal mental health



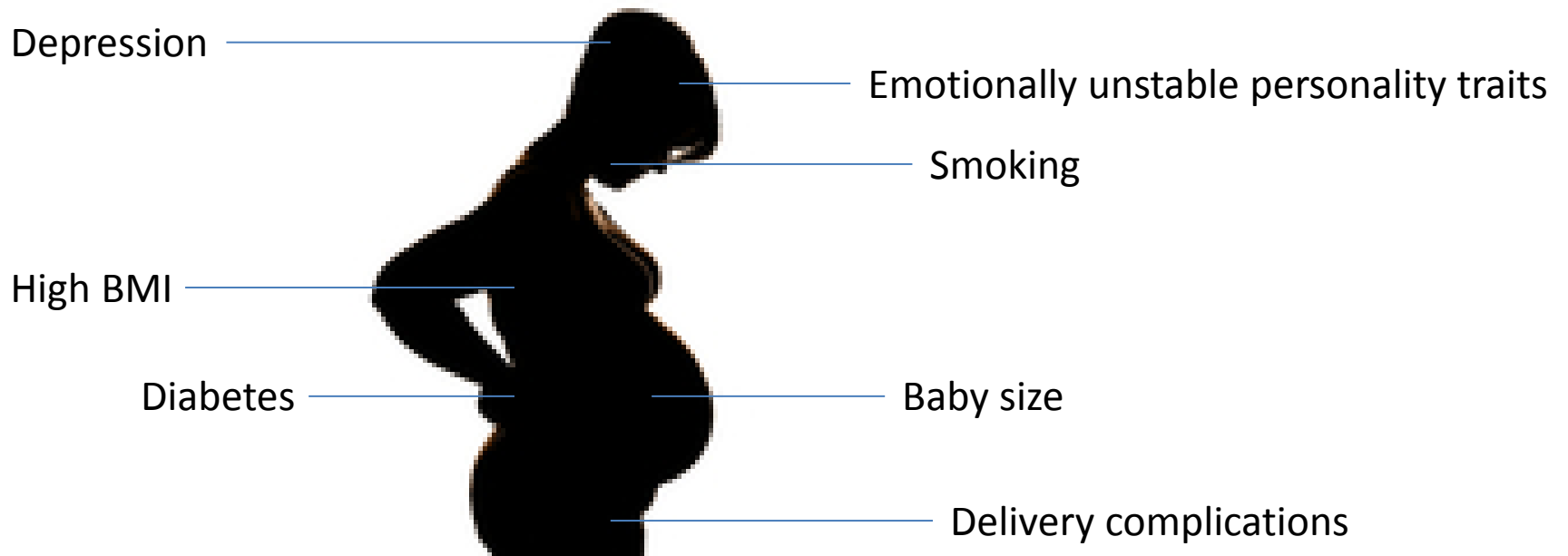
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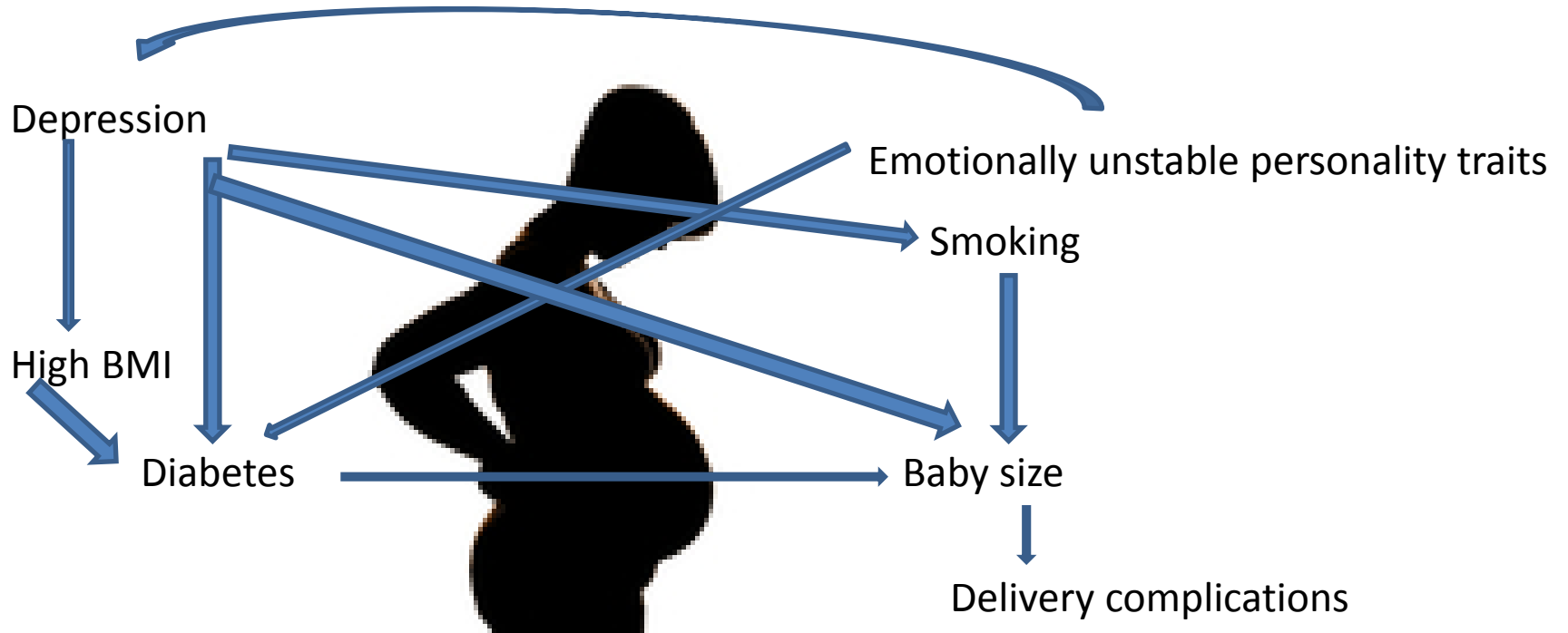
# Perinatal mental health



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Obstetrician

Midwife

GP

Health visiting

Social worker

Mental health

Children's centre

Infant-parent psychology



Third sector

# How do we achieve integration?

Not by 'working together'



# How do we achieve integration?

- Culture
- Systems
- Leadership

# Thames Valley

- Perinatal mental health network

# Thames Valley

- Perinatal mental health network
- Regional survey of service provision
  - Mental health
  - Maternity
  - Health visiting
  - Psychology

# Thames Valley

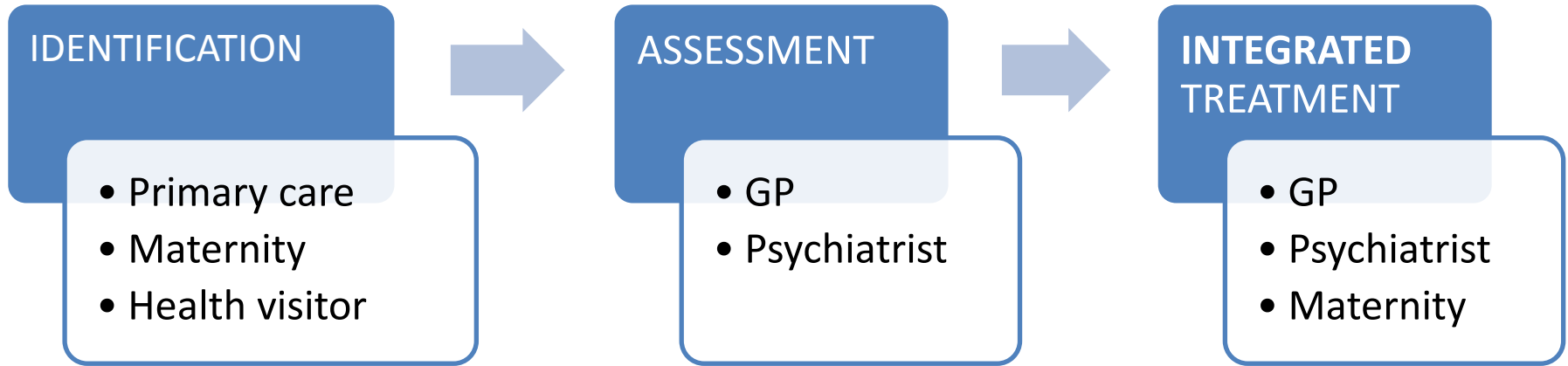
- Perinatal mental health network
- Regional survey of service provision
  - Mental health
  - Maternity
  - Health visiting
  - Psychology
- **Monitoring and evaluation system**

# Thames Valley

- Perinatal mental health network
- Regional survey of service provision
  - Mental health
  - Maternity
  - Health visiting
  - Psychology
- Monitoring and evaluation system
- **Regional training program**
  - Workforce development
  - Leadership development



# Patient journey





# THE FIVE YEAR FORWARD VIEW FOR MENTAL HEALTH

A report from the Independent Mental Health Taskforce to the NHS in England February 2016

## NATIONAL MATERNITY REVIEW

# BETTER BIRTHS

## Improving outcomes of maternity services in England

A Five Year Forward View for maternity care

