

Dementia Matters



Thames Valley
Strategic Clinical Network

July 2017

The quarterly newsletter of the Thames Valley Dementia Network

Welcome!

Welcome to the inaugural publication of the Thames Valley SCN Dementia Matters newsletter. This quarterly newsletter aims to share best practice tips and ideas with GPs and commissioners across Thames Valley, to improve the experience of those living with dementia.

Since the first Prime Minister Dementia Challenge in 2012, the improvements in the quality of dementia care has really gathered momentum. The new dementia challenge now aims to make England the best country in the world for dementia care by 2020.

I share this vision and I am excited about this momentum; I have seen the devastating effects from dementia, as a GP and within my own family, and I am passionate about making a difference.

However, I know that it is possible to live well with dementia. We can provide person centred, dignified care, and remember the person as a unique individual, rather than focussing on their dementia itself. A timely diagnosis can also allow very practical measures: planning for the future, financial preparations and appointing powers of attorney, to name but a few.

Identification is just the start. By diagnosing dementia, we can provide the early interventions to enable people and their carers live well with dementia and access appropriate post diagnostic support.

We can all share and learn from examples of best practice across Thames Valley. I hope this newsletter will be a useful source of information and I welcome your comments or ideas for articles.

Together we really can make a difference.

Sian

Meet the team



Sian Roberts is the TVSCN Clinical Lead for dementia, complementing her roles as a practicing GP in Buckinghamshire and as the Chiltern and Aylesbury Vale CCGs Clinical Lead for mental health, learning disabilities and dementia.



Sylvie Thorn is the Quality Improvement Lead for dementia at the Thames Valley Strategic Clinical Network, where she works one day a week. She is an RGN with a clinical background in long-term conditions and neurology. In addition to her work at the TVSCN, she works as an operational manager of Oxford Health NHS Foundation Trust. She is also a Year of Care trainer for care and support planning, and has a passion for person-centred-care.

Top tip! Consider targeted screening:

* 40-60% of residents in care homes are likely to have dementia

* Those with a history of delirium: delirium can uncover pre-morbid dementia, 1/3 of all delirium cases can lead to dementia

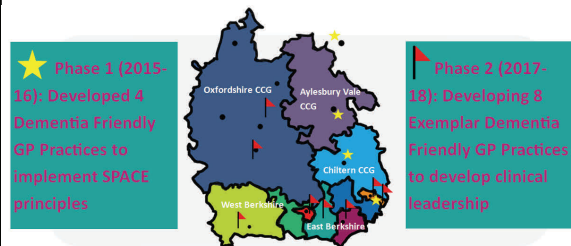
* Patients >90 years old have a 30-40% incidence of dementia

* Read code patients with Mild Cognitive Impairment (MCI) and consider annual review: 5-10% deteriorate and develop dementia annually.

Exemplar Dementia Friendly Services

Eight GP surgeries across the Thames Valley have been successful in their applications to become Exemplar Dementia Friendly Surgeries within their respective CCGs. The successful practices are:

- * Balmore Park, Reading
- * Ringmead Medical Practice, Bracknell
- * Didcot Health Centre, Oxfordshire
- * The Wargrave Surgery, Wokingham
- * Kintbury & Woolton Surgery, Berkshire
- * Runnymede Medical Practice, Windsor
- * The Key, Kidlington, Oxfordshire
- * Herschel Health Centre, Slough



The practices are taking part in a pilot to develop their clinical leadership skills in dementia, support their respective CCGs dementia programmes, and disseminate their knowledge and learning across the wider Thames Valley region.

This is phase two of a pilot that began in 2015, in which four surgeries within Aylesbury Vale, Chiltern, and Milton Keynes CCGs were funded to make their environments and processes more dementia friendly by introducing iSPACE principles (see below) to their workflows.

Building on the success of this pilot, the SCN are expanding this model during 2017 to support the development of Exemplar Dementia Friendly Surgeries in each of the remaining Thames Valley CCGs. Evidence has shown that CCGs with robust clinical leadership in dementia have made significant progress in achieving the national Dementia Diagnosis Rate and improving the quality of post-diagnostic support. Therefore, the 2017 scheme will also aim to support CCGs to develop dementia leadership for their areas through the provision of a funded programme of leadership development for the clinical leads of the participating practices.

S Staff who are skilled and have time to care	Dementia Friendly SPACE principles
P Partnership working with carers, family and friends	
A Assessment and early identification of dementia	
C Care plans which are person centred	
E Environments that are dementia friendly	
Royal College of Nursing 2011	

Useful link

HEE video The Appointment

<http://bit.ly/2rLY70t>

A thought-provoking film by Health Education England (HEE) aimed at dental professionals but also suitable for health and social care staff and carers to raise awareness of the issues faced by a person with dementia when attending a dental appointment.

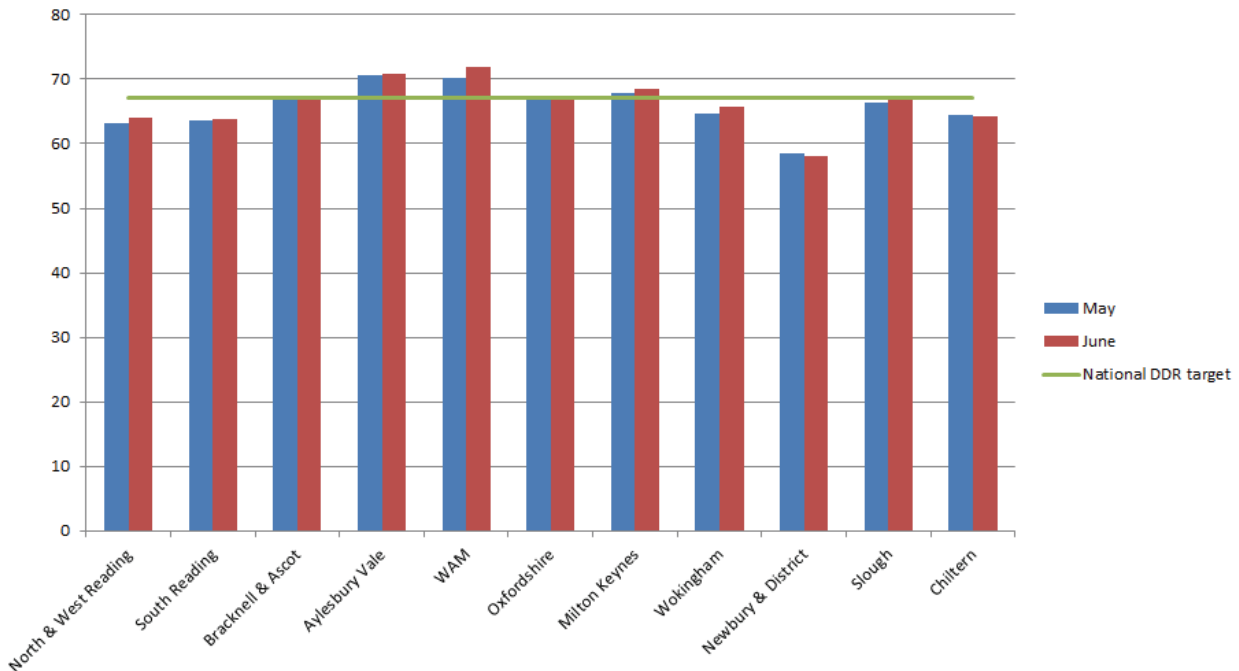
Top tip!

When coding for dementia, use the following codes:

Diagnostic description	EMIS	SystemOne
Alzheimer's Disease	Eu00z	F110
Alzheimer's Disease with early onset	F1100	X002x
Alzheimer's Disease with late onset	F1101	X0030
Vascular dementia	Eu01z	XE1XS
Dementia in Parkinson's disease	Eu023	Eu023
Fronto-temporal dementia	Eu02y	X0034
Lewy-body dementia	Eu025	XaKyY
Mixed dementia	Eu002	Eu002

Dementia Diagnosis Rates

Thames Valley CCGs have collectively achieved a dementia diagnosis rate of 66.2% (June 2017)



You will note that there has been a significant change to some CCG DDRs since April. The calculation for the DDR for each month in 2017-18 is being undertaken by NHS Digital using a new method which applied the CFAS prevalence rates to GP list figures rather than ONS population estimates in the denominator.

Dementia webinars by Oxford AHSN

The Oxford Academic Health Science Network (AHSN) runs a regular programme of dementia-related webinars for clinicians. Recent webinars include:

- * Dementia and Depression, by Professor Klaus Ebmeier (Professor of Old Age Psychiatry, University of Oxford)
- * Old Adult Mental Health Inpatient Service, by Dr Brian Murray (Consultant Older Adult Psychiatrist and Associate Medical Director, Oxford Health NHS Foundation Trust)
- * Oxfordshire Primary Care Memory Assessment Services, by Dr Julia Anderson (GP, Clinical Locality Director and Clinical Lead for Dementia in Oxfordshire CCG)

If you would like to receive the links to the webinar recordings, or would like to receive details for joining future webinars, please contact Fran Butler (fran.butler@oxfordhealth.nhs.net)

Got something to share?

If you have an event, a website, a new application or anything you'd like to share with dementia professionals across Thames Valley, let us know! We'd love to help spread the word. Contact Sian Roberts (sian.roberts2@nhs.net) or Sylvie Thorn (sylviethorn@nhs.net).