

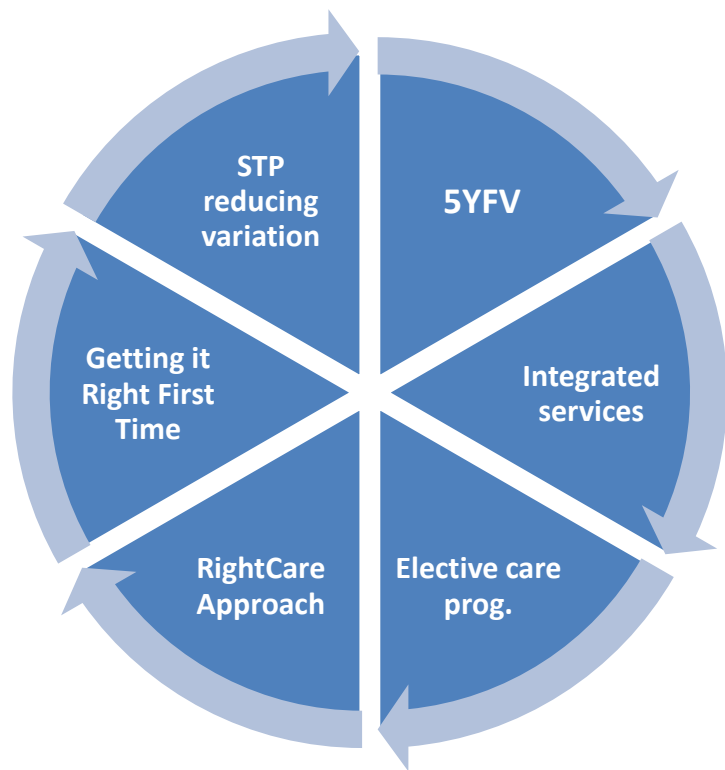
# SCN and system working

**Shairoz Claridge Director of Planned Care, Berkshire West CCG**

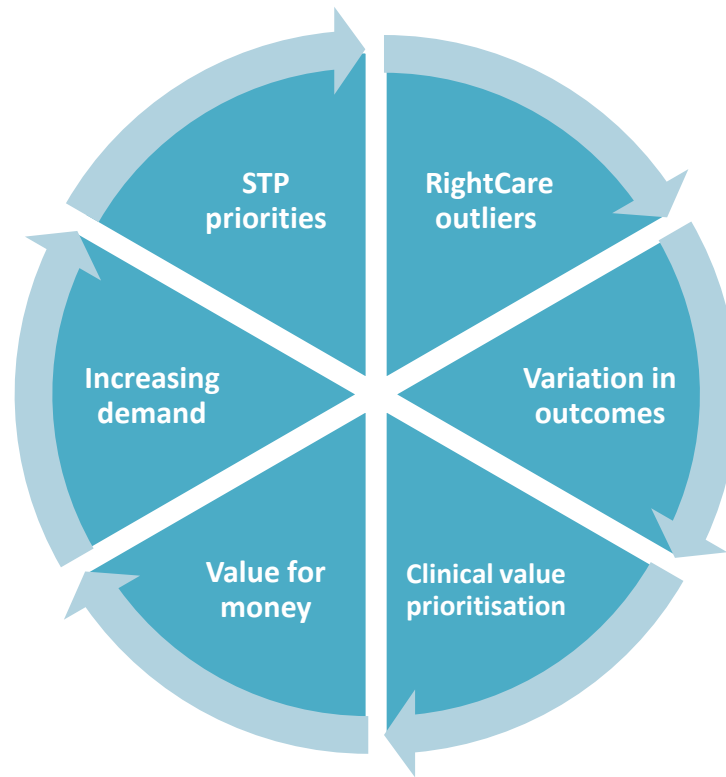
**Aarti Chapman Associate Director, Thames Valley SCN**

## Case for Change

### National drivers



### Local drivers



## Case for change continued

- Need for effective pathways for pain management.
- Variation in referrals into secondary care.
- Increased demand on GP workload burden.
- Challenges in delivering 18 week RTT treatment standard.
- Patient dissatisfaction with access to services and disjointed services.
- High spending – poor outcomes
- Delay and duplication in diagnostics
- Variation and duplication in investigations and treatments.

## MSK Networks of Care project

- NHSE Long Term Conditions Unit & ARMA collaborating to support development of national MSK improvement plans.
- Development of strong, cohesive, care networks as a way of encouraging local improvements in care and patient outcomes.
- Regional MSK whole-system events programme:
  - Birmingham
  - Leeds
  - London
  - Kent Surrey Sussex

## Support from TVSCN

- Identify and engage with regional representatives from key clinical areas including orthopaedics, rheumatology and physiotherapy.
- Set up MSK event as an opportunity to meet, share, discuss and learn from other CCGs, and providers on how to improve MSK in BOB and Frimley STPs.
- Identify local and national best practice.
- Promote cross-system collaboration.

# The Road to 2020

## Cancer



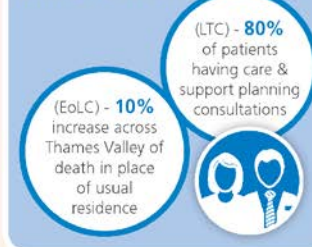
## Diabetes



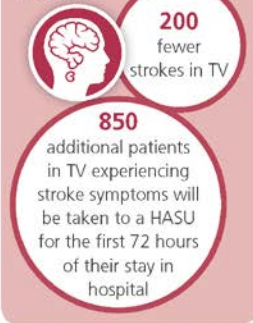
## Mental Health, Dementia & Neurology



## Long Term Conditions and End of Life



## Stroke



## Maternity



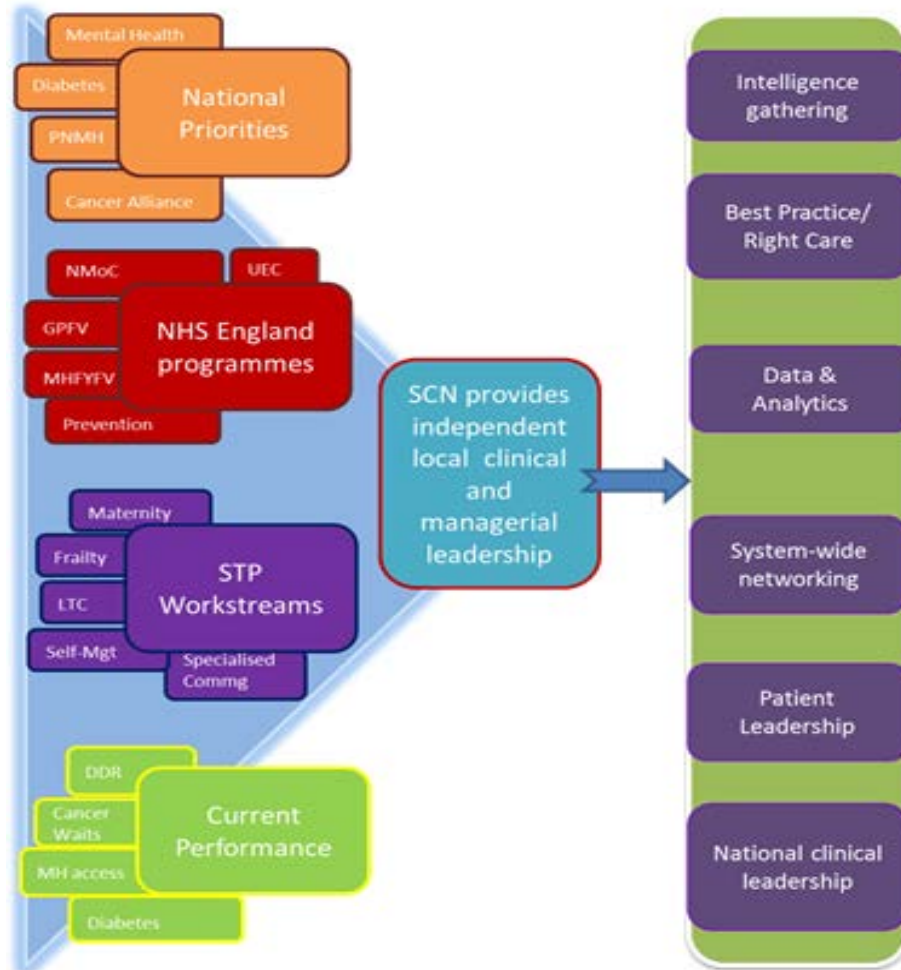
## Children



# The Road to 2020

## Thames Valley Strategic Clinical Networks

# SCN ways of working



# SCN ways of working

## Musculoskeletal services improvements

1. Using RightCare Methodology "Where to look? What to change? How to change?"	Organization	What was the challenge?	What was the solution?	What were the results?	Reference for further info
<b>1. Using RightCare Methodology "Where to look? What to change? How to change?"</b>	Amford MSK Triage Right Care Casebook Series	<ul style="list-style-type: none"> <li>Failing to meet 18 week referral to treatment target.</li> <li>Rightcare highlighted large number of referrals to secondary care. Referrals had increased by 20% over previous financial year.</li> <li>Significant clinical variation.</li> </ul>	<ul style="list-style-type: none"> <li>CCG adopted Rightcare methodology: "Where to look, what to change, how to change."</li> <li>Examined individual GP data finding significant variation rates of orthopaedic referral to secondary care.</li> <li>Developed an understanding of the best orthopaedic pathways for patients.</li> <li>Introduced an MSK triage service.</li> <li>MSK value for money practice level scorecards for all GPs to demonstrate practice referral behaviour across best-performing practices.</li> </ul>	<ul style="list-style-type: none"> <li>Referrals to secondary care remain 40% lower than during the pre-triage peak period and slightly lower than baseline.</li> <li>Annual savings of £1 million, reduction of some 30% referrals into secondary care.</li> </ul>	<a href="https://www.england.nhs.uk/usingcare/products/casebooks/">https://www.england.nhs.uk/usingcare/products/casebooks/</a>
	Cumbria Persistent Physical (PPS) Symptom management service	<ul style="list-style-type: none"> <li>RightCare "Where to look" pack highlighted MSK services as one of Cumbria CCG's key opportunities for improvement. i.e. high spend on back pain injections and lower spend for rotator pain injections compared to most similar CCGs. Higher admissions/day cases for both.</li> <li>Pain management service was expensive, over-medicalised model of care that did not meet NICE guidance. Limited integration with physiotherapy and primary care; high intervention rate with all interventions recorded as medical procedures; no access to psychological models of care; accepted referrals directly from GPs with no appropriate local</li> </ul>	<ul style="list-style-type: none"> <li>A single point of access, via email, whatever the patient's condition and possible diagnosis.</li> <li>Triage by senior clinicians.</li> <li>A multi-disciplinary face to face assessment with physiotherapist and senior psychological expert (psychologist, psychological practitioner or CBT therapist), including a review of a self-assessment questionnaire that the patient brings to the first appointment (this has a 96% uptake by patients).</li> <li>Patients are matched to the right level of therapy e.g.                             <ul style="list-style-type: none"> <li>one to one psychology, CBT therapy, physiotherapy or occupational therapy; or guided self-help with rehabilitation assistant; or patients are offered a group intervention based on CBT, ACT and mindfulness</li> </ul> </li> <li>An eight-week programme for groups with a physiotherapist and senior psychological practitioner (this involves six to seven groups on the go at any one time across North Cumbria).</li> </ul>	<ul style="list-style-type: none"> <li>high patient satisfaction</li> <li>months of new service.</li> <li>Waiting times increased to around 22 weeks - target was 4 weeks. Attributed to the number of highly complex patients.</li> <li>Spending on the high cost pain related drug (gabapentin) has been eliminated with no substitution - £90k/annum saving.</li> </ul>	<a href="https://psp.cumbria.nhs.uk/">https://psp.cumbria.nhs.uk/</a>

## Collaboration and system-wide working



## The Size of the Prize in Musculoskeletal (MSK) Prevention

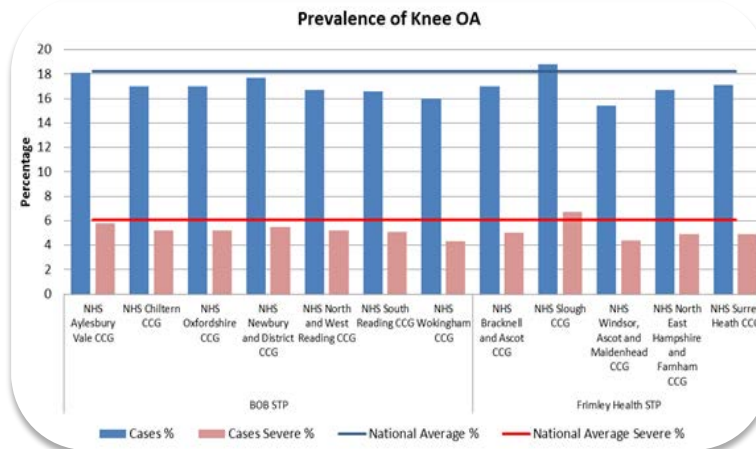


Buckinghamshire, Oxfordshire and Berkshire West (BOB)

1. Estimated burden of musculoskeletal conditions	2. The opportunity: return on investment of interventions for the prevention and treatment of MSK conditions																										
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## Intelligence gathering/Best Practice



## Data and analytics

# Objectives for the day

- To understand what is working well and the current challenges in your STPs.
- To identify local priorities and actions that will have the greatest impact in your STPs.
- To identify how you can work in partnership to support innovations in your STPs.

# And finally..

See  
together



Learn  
together

Act  
together