

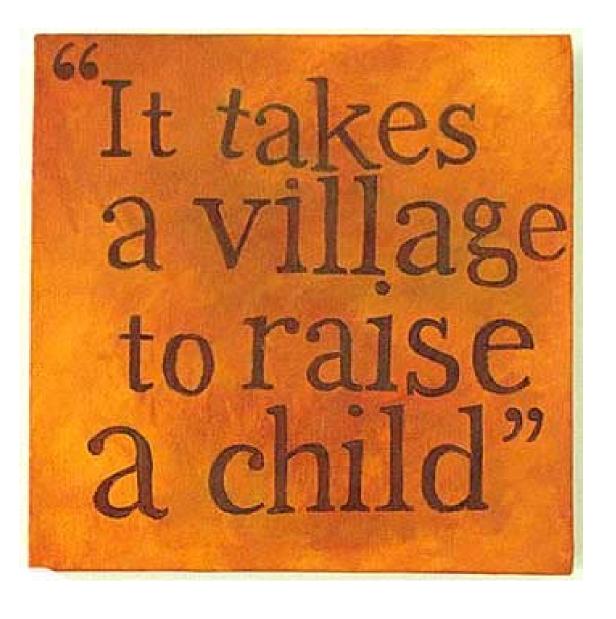
Enhancing the Person Perspective: How the place we live can support how we die

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What does it take for that same child to die well when they become frail?

Neighbours comfortable to offer help

Clear communication across settings and professionals

Confident clinicians

Friends who stay close before, during and after

Shopkeepers who understand and listen

The right drugs at the right time

A choice over where

Family who know what to ask (and what to answer)

Enhancing the Person Perspective

 People and communities to be more comfortable talking about death and dying.

2. People to be **better informed** about the realities of death.

 People to have considered, discussed and recorded their preferences and plans ahead of time.

Knead 2 Know: What is it?

- Gloucestershire CCG pilot project
 - Can we increase the number and quality of community conversations about end of life and improve recording of later life preferences?
 - Can voluntary sector bring creative approaches to encourage more natural discussions about end of life planning?
- Age UK Gloucestershire and The Wiggly Worm
- Community-based sessions combining a baking activity and facilitated discussion.



Knead 2 Know Session

- Film clips (1000 days; Dying Matters; Malnutrition TaskForce/Age UK)
- Recent news articles
- Bread making
- Group discussion
- Individual feedback
- Bread eating

SLIDO Event code: #W674

What are we finding so far?

There is great variety in how ready people are to have these discussions.

It is not unusual for those with frailty to report that they are keen to have discussions and make plans – but their (adult) children are resistant.

Being comfortable talking about these issues does not necessarily correlate to having a clear, articulated plan in place.

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Frailty the Forgotten Voice Thoughts for the day

- How are people and communities informed about and involved in the development of 'best practice'?
- Are appropriate decisions and responsibilities being devolved from the clinical to the community?
- Are we thinking about the person within their whole 'village' when planning their end of life?