**Taskforce for Lung Health releases A National Five Year Plan for Lung Health:** This five year plan sets out a framework to improve the nation’s lung health and provide better care for people with lung disease, as one in five people currently live with lung disease. Respiratory conditions are responsible for a major part of the gap in life expectancy between the poorest and wealthiest.

Its aim is to create a society where everyone can live with healthy lungs for as long as possible and have the best chance of living well, or recovering, when lung disease develops.

Access the report [here](#).

**NHS England new survey on personal health budgets:** NHS England commissioned Quality Health to run an independent survey of people with a personal health budget (PHB) to understand their experience of it. This survey from 390 responses found that:

- 89% said that their personalised care and support plan reflected what mattered to them, to some extent or completely.
- 86% said that they had achieved what they wanted as a result of their plan, to some extent or completely.
- 77% said they were likely or extremely likely to recommend a PHB to someone else.

The report also showed scope for improving support for people, particularly in the information provided to those who were interested in a PHB and the time taken to set one up.

Read the report [here](#).

**Factors associated with older people’s emergency department attendance towards the end of life: a systematic review:** A synthesis by Bone et al (2018) found that receiving palliative care was associated with lower emergency department attendance in the last year of life for older adults.

This has implications for service models for older people nearing the end of life. However, there is limited evidence from European countries and none from low or middle-income countries, which warrants further research. Read more [here](#).

**Findings from the 2018 community mental health survey:** The Care Quality Commission has published the results from their latest survey on patient experience within community mental health services. This helps provide useful information for tracking progress on the Five Year Forward View for Mental Health.

Read the report [here](#).

**Regional Updates**

**Human Rights Free Training:** For registered and non-registered staff go to: [www.sueryder.org/humanrightstraining](http://www.sueryder.org/humanrightstraining)

NHS England end of life care [webinars](#).

TV SCN website can be found [here](#) with a new [educational resource toolkit](#).

For local courses and events go to the TV person-centred care newsletter. To subscribe, email rhonda.riachi@northampton.ac.uk

For more information about what is happening in end of life care contact gina.king1@nhs.net

Working together in partnership to improve quality and care at the end of life in the Thames Valley