

Thames Valley Suicide Prevention and Intervention Network (SPIN)

Terms of Reference

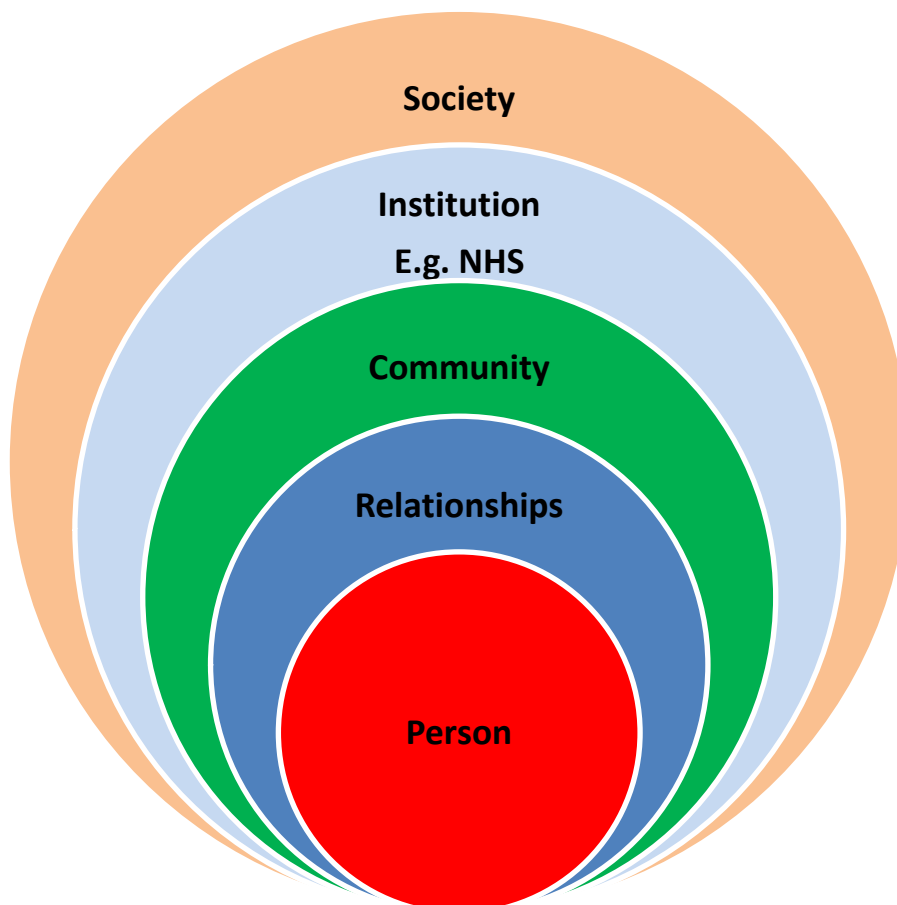
1. What is SPIN?

SPIN is a network and forum specific to suicide reduction and prevention in the Thames Valley (Oxfordshire, Berkshire, Buckinghamshire), which is inclusive and comprised of specialists, champions and people with lived experience of suicide and attempted suicide.

The aim of SPIN is to contribute to the reduction of suicide and improvement of resources for those at risk of or affected by suicide.

SPIN is underpinned by principles of social ecology, an approach frequently used to help frame prevention programmes, including suicide prevention (e.g. www.theconnectprogram.org)

This model understands the relationships between personal, relational and environmental factors and how these relationships can change over time. The diagram below provides a simple visual framework of the social ecological approach.



2. How does SPIN fit within other suicide prevention fora?

The aim of SPIN is to support, inform and be informed by local (Oxfordshire, Berkshire, Buckinghamshire) and national suicide prevention strategies and collaborate in trying to influence commissioning and planning to generate and support regional working.

SPIN aims to reduce duplication by sharing initiatives and considering creative and economical ways of working together to address priority issues.

SPIN is supported and funded through the Thames Valley Strategic Clinical Network (SCN) and therefore has a health focus. However many people who die by suicide are not in contact with clinical services at the time and it is clearly understood that suicide prevention is everybody's business, not just pertinent to health, and the membership and work-plan of SPIN will reflect this.

3. What are SPINs Objectives?

SPIN's main objective is to encourage collaboration and engagement between relevant groups and sectors in promoting and reinforcing the message that suicide is everyone's business.

Initial objectives agreed include:

- Contribute to the development of a support and co-ordination service for people bereaved or affected by suicide and associated training for professionals and front line staff (Strategic Clinical Network has agreed 6K funding for training)
- Assessing the issues and risks for middle aged men.
- Training of Emergency Department staff.
- Training and support of school nurses and teachers
- Establishing a web resource – for the public and professionals.
- Berkshire healthcare and Oxford Health developing reader groups for inpatients and community patients in association with the Reader Organisation <http://www.thereader.org.uk>
- Exploring the possibility of lobbying for a Crisis House within the SPIN area.
- Arrange a working conference for World Suicide Prevention Day (10th September 2014).

This is not, however, an exhaustive list and additional objectives may be developed as the project progresses.

4. SPIN Infrastructure

- Sponsor – Thames Valley Strategic Clinical Network
- Chair – Professor Keith Hawton, Director of the University of Oxford Centre for Suicide Research
- Manager – Karen Lascelles, Suicide prevention Lead Nurse, Oxford health NHS FT
- Project facilitator – Matt Williams (funded by the Strategic Clinical Network)
- Lived experience leads – *TBC (possibly Sheila Laws, Fiona Goodall, Mary Zacaroli and we need to recruit more)*

5. Key Stakeholders include:

- People with lived experience of suicide and attempted suicide.
- Oxford University Centre for Suicide Research
- Public Health in County or Unitary Councils
- Other relevant services in County and Unitary Councils e.g. Adult Social Services
- Thames Valley Police
- Prisons
- Business
- Education
- Coroners
- National Clinical Director, Mental Health
- Thames Valley CCGs
- Health & Wellbeing Boards
- Oxford Health Foundation Trust
- Oxford University Health Trust
- Berkshire Health Foundation Trust
- Bucks Healthcare NHS Trust
- Mental health service users
- Third Sector (including but not limited to):
 - Healthwatch
 - Child bereavement charities
 - Samaritans
 - Carers – Rethink/Princess Royal Carers Trust
 - MIND
 - The Alliance of Suicide Charities (TASC)
 - The National Suicide Bereavement Support Network

6. Meetings of the Network

SPIN meetings will take place bi-monthly at a venue within Oxfordshire, Berkshire, and Buckinghamshire and will focus on a theme related to the Objectives above. Secretariat support for meetings and the schedule of meetings will be provided by the Project Facilitator.

The membership of SPIN is intended to be broad and members (apart from a core group) are not expected to attend all meetings; only those meetings which are relevant to their area of expertise or interest. Meeting notes and associated papers will be widely distributed however.

Dates of the SPIN meetings for the next year are:

Friday 10th October 2014 11am – 1pm

Thursday 11th December 2014 11am – 1pm

Thursday 5th February 2015 11am – 1pm

Thursday 16th April 2015 11am – 1pm

Venues to be confirmed