

Wall of Fame Jan 2017 - sharing initiatives and best practice

Thanks to everyone for their involvement and sharing of initiatives and examples of good practice both locally and nationally.

Please visit the links, review and consider – are there things we could all be taking on/considering?

Are there further conversations to be had?

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Chief Medical Officer report

Name of Project	Outline	Contact
Annual Report of the Chief Medical Officer 2015: Baby Boomers: Fit for the Future	This year the CMO surveillance report focuses on the 'Baby Boomers'; largely corresponding to adults who are 50–70 years old in 2016. The phenomenon of the baby boom occurred post-war, between 1946 and 1964. Coupled with increases in life expectancy, it is contributing to an important change in the structure of our population and has societal implications, as well as consequences for our economy and health and social services.	Google: CMO Baby Boomers Link: https://www.gov.uk/government/publications/cmo-annual-report-2015-health-of-the-baby-boomer-generation

Care home initiatives and prevention in the elderly population

Name of Project	Outline	Further information
Sutton 'Red Bag'	Home care and care home residents have their medical history, medication, NOR, EOL Plan, Personal effects etc kept in a red bag which follows them through health and care pathways (e.g GP, Hosp. Admission etc)	Sutton Red bag scheme http://www.suttonccg.nhs.uk/News-Publications/news/Pages/The-Red-Bag--Improving-life-for-care-home-residents.aspx
Early Intervention Vehicles	The Early Intervention Vehicles (EiV) provide immediate response, via screened 999 calls, to residents in East and North Hertfordshire with the primary role of providing holistic assessment and a proactive approach to maintaining independent living for the over 65s. Needing an ambulance can be stressful and disorientating for elderly people and the EiV can alleviate this stress and boost wellbeing by helping them stay in their own home whether that is a private house, sheltered accommodation or nursing/care home.	http://www.enhertsvanguard.uk/blog/2016/nov/how-blurring-lines-between-health-and-social-care-can-benefit-local-communities-ia
Geriatrician review of older people with frailty	University Hospitals Nottingham: Acute take 100 patients a day. Challenge faced: Large unselected medical takes with increasing numbers of frail older people. Solution: Consultant geriatrician review for identified frail older people admitted, to facilitate discharge and formulate a rapid admission plan. Local context: The geriatric department provides input on 2 sites, with all beds on 1 site and includes 2 community geriatricians.	<i>The Royal College of Physicians' Future Hospital Programme aims to promote new models of delivering medical care in hospital and community settings. The programme is seeking to collect and share examples of teams and individuals who are delivering care</i>

	<p>Staffing: 20 hours of consultant geriatrician time (planning to expand to 40 hours). Strong support from the integrated discharge team (whole time equivalent band 7 nurse).</p> <p>Outcome: From a local audit of 1 month's activity: 159 medications stopped; 260 bed days saved; 6 unsafe transfers prevented; care plans altered. Patients most in need of healthcare for elderly services identified.</p>	<p><i>in innovative ways to improve patient care.</i></p> <p>https://www.rcplondon.ac.uk/projects/future-hospital-your-stories</p>
"Lively Living" Social Clubs	<p>Social clubs with an extra level of care aimed at clients with limited mobility who need support to leave their home. Provides fun, socialisation and two course lunch in a safe environment for older people. A vital service for those at risk of social isolation and loneliness.</p>	<p>Age UK Reading 0118 950 2480</p> <p>info@ageukreading.org.uk www.ageuk.org.uk/reading/</p>
To Dip or Not to Dip? Improving the management of UTIs in Care Home Residents	<p>Quality Improvement Project in NHS Bath and North East Somerset (CCG) reducing inappropriate use of antibiotics in residents – educational bundle delivered by Care Home Pharmacists aligned to GP Practices LES Results lowering of antibiotic use by 67%</p> <ul style="list-style-type: none"> • Lowering of number of residents prescribed antibiotics by 56% • Lowering of number of residents prescribed antibiotics prophylactically by 82% • Lowering of unplanned admissions for UTI and AKI – educational bundle now including Think Kidneys resources for Care Homes • And rise in appropriate use of antibiotics – Get it Right First Time • Rolling data collection and run charting 3 monthly all nursing homes. 	<p>#ToDiporNotToDip Contact: Elizabeth.beech@nhs.net Twitter @elizbeech Will be setting up a community of interest – Q Community</p>
Online technologies provide support in care homes	<p>Live video links and health monitoring equipment are being used to give care homes direct access to support from healthcare professionals around the clock.</p> <p>A secure video link gives staff and patients immediate access to a 'hub' of senior nurses for advice and support, and the health professionals can monitor people on screen and make early decisions about any treatment needed.</p>	<p>Airedale Vanguard https://www.england.nhs.uk/ourwork/new-care-models/vanguards/care-models/care-homes-sites/airedale/</p>

<p>Are you concerned about a resident poster (care home vanguard)</p>	<p>Poster provides care home staff with details about which community services to call for residents whenever their conditions deteriorate.</p>	<p>Sutton Homes of Care http://www.suttonccg.nhs.uk/vanguard/Resources/Pages/default.aspx</p>
<p>Review of dignity in care homes</p>	<p>Buckinghamshire County Council has commissioned Healthwatch Bucks to report on the way that dignity is considered where social care is provided in Buckinghamshire. The aims of the project are to:</p> <ul style="list-style-type: none"> • Give service users and their carers a voice about their views and experiences of dignity • Make recommendations for improvements and highlight good practice • Publically share information to help people make choices about the care they may need <p>Healthwatch Bucks has been visiting a selection of care home providers in 2015-17 using our “enter and view” powers. To date we have visited nearly 40 care homes publishing individual reports with recommendations. We have also published two good practice reports and run a workshop on meaningful activities for care home providers.</p>	<p>Healthwatch Bucks Project explanation and reports on individual care homes: http://www.healthwatchbucks.co.uk/how-we-work/projects/dignity-in-care/ Good practice reports: http://www.healthwatchbucks.co.uk/2016/11/good-practice-guide-meaningful-activities/ http://www.healthwatchbucks.co.uk/2016/09/deciding-for-yourself/</p>
<p>Fire as a health asset</p>	<p>A national strategy for Fire and Rescue Services to develop areas where it can contribute to various health agendas. Examples: FRS visit elderly vulnerable people every day to conduct HFSC (Home Fire Safety Checks) in their homes. Whilst there we can influence several health (prevention) outcomes – seasonal safety, falls –mental health –obesity – isolation etc</p>	<p>GaskarthM, HarrisonI, FarmerP@rbfrs.co.uk Royal Berkshire Fire and Rescue Service</p>
<p>Monitoring of care home residents</p>	<p>Dedicated teams of health and care professionals are being allocated to support care homes and supported living schemes.</p> <p>They do this by proactively monitoring residents to make sure care for potential health problems is offered as early as possible and by building the skills and confidence of care home staff through training and education.</p>	<p>Connected Care Vanguard – Wakefield https://www.england.nhs.uk/ourwork/new-care-models/vanguards/care-models/care-homes-sites/cc/</p>

Diabetes

Name of Project	Outline	Further information
Diabetes Care: The Alphabet Strategy Approach	<ul style="list-style-type: none"> Public Domain approach to patient and public education and delivery of evidence-based care. Advice, BP, Cholesterol, Diabetes control, Eye care, Footcare, Guardian Drugs 	Google: Alphabet NICE Diabetes Alphabet Strategy Email: vinod.patel@warwick.ac.uk Vinod Patel, Diabetes Lead West Midlands, NHS England (can send e-materials) http://www.essexequip.nhs.uk/documents/flyers/nice%20guidelines%20the%20alphabet%20strategy.pdf

Self care

Name of Project	Outline	Further information
Bracknell HealthMakers 6 week Self-management course for long term health conditions	HealthMakers is a group of volunteers with long term health conditions living in Bracknell and Ascot who: Offer peer support to teach others how to manage their long term health conditions. So far our HealthMakers have made a difference to the lives of 50 people in Bracknell Deliver training to help others become HealthMakers and make a difference Act as Patient Partners who work closely with local health services to improve patient care and quality of life	Berkshire Healthcare FT: https://berkshirehealthcare.nhs.uk/ServiceCatInfo.asp?id=169 Bracknell and Ascot CCG: http://www.bracknellandascotccg.nhs.uk/getting-involved/healthmakers/
My Self Care	Allow users to monitor, understand and manage various health conditions Secure dashboard with live access to Reading Peace of mind from comforts of home	www.myselfcare.co.uk 0118 3341858
My Health Guide	Tablet app (iOS, Android) to help learning-disabled adults take an active role in their health care. The app lets them record important items (text/audio/video/image) in easy-to-make 'boxes'. Users can customise the app's appearance and behaviour, and can control the structure of the content within the app. The app also allows professionals, with the user's agreement, to add content that can help in understanding and reinforcing professional advice. People who use services	Website: http://maldaba.co.uk/blog/my-health-guide-phase-one/

	and the front-line staff who support them have been heavily involved in the app's design and testing.	
School apps challenge	<p>Launched by West Wakefield Health & Wellbeing in January 2015 and now in its third year, the competition asks children to help co-create health apps which help other youngsters their age to make good physical, mental health and wellbeing choices.</p> <p>'Dragon in the Attic', a mental health and bullying app (http://dragonapp.me) and 'Healthy Island' a healthy lifestyle app to address childhood obesity and oral health (http://healthyisland.me)</p> <p>The relationship built with Microsoft's Imagine Academy and Rare Studios has ensured quality mentorship across health and ICT in equal measure through Skype calls direct to the classroom.</p>	<p>You can find out more information about Schools App Challenge by contacting Emma Savage, Disruptive Prevention Lead emma.s@westwakefield.org.uk or visit www.schoolappschallenge.com</p>
Brush DJ – improving oral hygiene	<p>Tooth decay is the most common reason for children aged between five and nine being admitted to a hospital in England.</p> <p>Treatment costs millions of pounds and is traumatic for all those involved.</p> <p>Tooth decay is preventable by having an effective daily toothbrushing routine. Unfortunately, many children find this task boring and are not motivated to carry it out for the correct length of time twice a day.</p> <p>Brush DJ is the only evidence-based, free, NHS approved app that motivates an effective oral hygiene routine by playing 2 minutes of the users music – making toothbrushing fun!</p>	www.brushdj.com

Mental Health

Name of Project	Outline	Further information
Perinatal Trauma Pilot	<p>As part of the Perinatal National Development Funds BHFT are running a pilot to look at group and individual work with BHFT trauma service working with perinatal trauma.</p> <p>As part of this work SHaRON will facilitate a trauma subnet alongside to provide a moderated and governed peer and clinical support.</p>	<p>Bryony Gibson/Sam Danesh Poor 0300 365 0300 Bryony.gibson@berkshire.nhs.uk</p>

Physical activity

Name of Project	Outline	Further information
Berkshire Cancer Rehabilitation	Plan to get you active in a way that is supportive and fun.	http://www.berkshirecancerrehab.co.uk/ Kate.rawlings@nhs.net

Workforce

Name of Project	Outline	Further information
The Workforce mobilising for a healthy population	A fit for the future population. A future workforce fitting into such a population.	Marionlynch1@nhs.net

Antimicrobial resistance

Name of Project	Outline	Further information
Antimicrobial resistance	Antimicrobial Resistance is responsible for 25,000 deaths each year in Europe from infections that are no longer treatable due to a lack of effective antibiotics; no new antibiotics have been produced for 30 yrs. NHS England is supporting a UK AMR strategy which includes improving IPC (Infection Prevention and Control), surveillance (drug-bug resistance) and antimicrobial stewardship through the use of CQUINs, Quality Premiums and the CCG IAF.	Talk to Elizabeth Beech (Elizabeth.beech@nhs.net) or you can find out more about AMR on the PHE Fingertips Portal https://fingertips.phe.org.uk/profile/amr-local-indicators and pledge to become an Antibiotic Guardian http://antibioticguardian.com/

Acute Care

Name of Project	Outline	Further information
Red and Green Days	<p>A simple approach to reduce unnecessary patient waiting.</p> <p>A Red Day is when a patient receives little or no value-adding acute care, such as investigations, assessments, procedures or therapeutic intervention. Or a patient is receiving care that does not require them to be in an acute hospital bed.</p> <p>A Red Day is a day of no value to the patient.</p> <p>A Green Day is when a patient gets acute care that can only be provided in hospital that actively progresses them towards discharge.</p> <p>A Green Day is a day of value to a patient.</p>	<p>Midlands and East region:</p> <p>http://www.ecip.nhs.uk/Tools-and-Resources/Midlands-and-East-Region--Red2Green-Campaign</p>
Carers corner on the ward	<p>A supportive space in the inpatient ward areas for patient's relatives, friends, and carers.</p> <p>Health Care Assistants upon each of the two ward areas took on the responsibility for identifying appropriate space within the ward areas to set up the Carer's Corner. Then relevant health and social care information was obtained, as was a refurbished computer and phone, to enable carers to use the phone or internet (supported if required) to assist their loved one and also their health and wellbeing</p> <p>In having an appropriate space within the unit, carers can be supported and enabled by Health Care Assistants in the ward area.</p>	<p>judith.graham@rdash.nhs.uk or via twitter @Jude_Graham</p> <p>Rotherham, Doncaster and South Humber (RDaSH) NHS Foundation Trust</p>
Improving Dementia care: Reminiscence pods	<p>Four fabulous, transportable rooms, a potting shed, two vintage tea rooms and a sweet shop, are filled with authentic furniture and memorabilia from previous eras. These provide a calm, therapeutic and nostalgic environment away from the busy acute ward settings, which is really beneficial in improving the persons well being, and self esteem.</p>	<p>Mid Yorkshire Hospitals: anita.ruckledge@midyorks.nhs.uk</p>