

# Personal Health Budgets in End of Life Care

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# Personalisation and Choice



## Personal Support Plans

Living well to End of Life  
How I want to,  
with those I want to care for me



**Opens choice**



## Personal Health Budgets

A tool to deliver choice  
To purchase off block contracts  
To mobilise different solutions

# Personal Health Budgets

## The National Position

- Micro commissioning, on an individual level, been in place since first testing started in 2009
- Supporting individual choice, and a mixed package of support and care
- The NHS retains a responsibility of care
- Personal support plan with agreed outcomes from a conversation of equals
- To support care at home, and enable people to live their lives to the maximum within the disabilities they have



# Testing out in EOL Care

- Started in April 2016 – five test sites
- Warrington, East Lancashire, Southern Derbyshire, Mid Sussex and Devon
- 2 sites in Fast Track Continuing Healthcare
- 2 sites in partnership with their local Hospice
- 1 site in partnership with 4 GP practices
- 1 site in partnership with their community trust
- Somerset – in the community and acute trust

# What is the Evidence so Far?

- The terminal phase – linked to advanced care planning, living well to the end of life, reducing anxiety and depression
- Mid Sussex – testing the Return on Investment
- The dying phase – in Warrington
- 34 people opted to have a PHB
- 83% of those people died in their preferred place of care
- 100% of packages cost less than traditionally commissioned packages of care despite only aiming to be cost neutral
- 0% of people designed their care and support like the traditionally commissioned packages
- Supports Fast Track Continuing Healthcare

New Devon and Warrington PHBs are now business as usual and can turn around one in 24 hours

# Commissioning for Personalisation in End of Life Care

Cultural Change

Challenges Thinking

## Delivery Change

Policies and processes  
Operational practice  
In conversations with individuals  
Delegation of decisions & finances closer to front line



## Commissioning Change

In provider specifications  
In partnership with social care  
Section 75's  
Use of contracts

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## Fits with

- ✓ Right care
- ✓ Year of care
- ✓ Ambitions for EOL
- ✓ Enhanced Supported Care
- ✓ Integration of Health and Social Care

Reduction of  
Anxiety  
Depression  
Uncertainty  
Tackles risk aversion

Leads to reduced use of services

## Opens choice

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## Develops a Different Workforce

Personal Assistants  
Family and friends  
New providers  
Support Planers

Demonstrated  
Financial advantages  
Activity advantages

Seamless transitions  
From Social Care  
Personal Budgets

Transformational Change

Pathway Redesign

# 2017 - 2018

- Original 5 test sites developing their work further
- 2 new test sites in Partnership with Enhanced Supported Care
- Report due out this summer
- Masterclasses in each region this autumn/winter
- Continuing to work with specialist organisations
- Develop closer working with regional EOL leads to support dissemination of learning from this work
- Manchester – Personalisation of EOL care