

Data-Physical Health Care for Seriously Mentally Ill Patients (SMI) BHFT

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Care Message



To improve the physical health of patients with a diagnosis
of mental health

&

All mental health patients receive a physical health
assessment



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Background

- BHFT Inpatient Beds PPH , 6 CMHT's plus OA, LD, CAMHS etc.
- Physical Health Lead East Mental Health appointed January 2018: 20hrs per week
- Physical Health Lead PPH appointed April 2018: full time

- What was the problem?
- National audit results

- RiO – cardiometabolic directory
- Data monthly via excel spreadsheet
- Tableau in use for other measures
- Cardiometabolic Tableau dashboard developed March 2018 - open referrals only, selected fields, able to filter and download data

Analysis of Data & Problems

Review of tableau data identified a number of problems with the current recording of cardiometabolic screens on the RiO directory

Inputting data & staff knowledge

3 forms to complete
Connected care

Further electronic developments - eObservations



Training

New training developed for all qualified nurses. support workers and care coordinators

Essential (Mandatory – job specific) 3yearly

- ❖ Cardio metabolic assessment and interventions
- ❖ Completion of electronic records
- ❖ Vital Signs

Secured 20K funding from HEE to develop eLearning module

Local staff training and competency assessments



Investment & Benefits

HEALTH

Patients healthier –holistic care
Positive impact on mental health

STAFF

Satisfaction & Morale

COLLABORATION

PPH & Community, Drug & Alcohol leads, CPE, CCG, GP Leads

FINANCIAL

CQUIN payment

Future –Tip of the Iceberg

- Learning Disability
- Older Adults
- CAMHS

Lifestyle interventions – Lucy Cooke

Children's Services Online Resource