Personality Disorder Education and Training

• Project leads
  • Rob Schafer (GP and education lead, Luther Street,) robin.schafer@nhs.net
  • Gill Attwood (Team Leader, Complex Needs, TVI)
  • Fiona Blyth (Therapist and trainer, TVI)

The need

• A significant gap in skills training around personality disorder for General Practitioners and other staff in practices in the UK resulting in staff work related stress and burnout, unsafe or inappropriate prescribing, inappropriate referrals or, conversely, barriers to appropriate referrals
• Mind 2016 info showed that only 46% of GP’s had completed a training placement in mental health, this was not broken down into those who had a placement within a personality disorder service.
The Offer

- Supporting staff **to develop core skills** in the management of patients with complex presentations.

- Equipping GP's to **recognise presenting features** of personality disorder.

- **Use existing Oxford Health expertise** in personality disorder training.

- **Co-produce and deliver the training** with ex-service users, Specialist clinicians in PD and GPs

- Create a **sustainable network** of ‘Beacon’ GP practices who can share training/ good practice.
The Model

• A Pilot project of 12 months duration training 20 practices – across Thames Valley prioritising practices with greater need.

• Multi-disciplinary training clinicians and the admin staff in one organisation together, working with the unique challenges facing their organisation, ensuring practices can make the system changes that are essential to meaningful improvement to the service user experience.

• A training team comprising of GPs, Specialist clinicians and Ex-service user’s (STARS), developing and delivering the training in collaboration.

• A practical model that has an immediate positive impact on confidence levels and functionality within the practice.

• Practised based training, with a theoretical framework, with the emphasis on personal development. There will be condensed and tailored resources for GPs and other staff.

• Support for practices to identify staff PD champions. Their role will include development of mutually supportive networks, along with the trainers. This should include use of technology to maintain connectivity.

• An annual pilot forum for Practice PD champions.
How does my practice apply?

- Communications will be coming out in June
- Applications open July
- Applications considered and confirmed August
- Training starts October

Funding initially for 20 practices to be trained in Thames Valley STP during Oct 19-Sept 20

Practices will need to
- Apply (July 2019)
- Identify practice leads
- Book 1 x 4 hour training session or 2 x 2hour training sessions
- Commit to practice leads delivering one further module
- Commit to facilitating data collection for evaluation and attend final symposium
Expressions of interest

• Please email robin.schafer@nhs.net
FREE ONLINE COURSE:

DEMENTIA AND THE ARTS: SHARING PRACTICE, DEVELOPING UNDERSTANDING AND ENHANCING LIVES

Explore, challenge and shape your perceptions of dementias through science and the creative arts. Creating a society that supports and includes those living with a dementia is a major challenge – and opportunity. In this online course you will discover how the arts can create common ground between people, and in doing so, learn what we can all do to improve the quality of life and care for people living with different dementias.

Estimated learning time is approximately 2 hours per week across 4 weeks, at your own pace. Each of the 4 weeks will showcase current best practice, explain the limits of our current understanding, and set ambitious goals for enhancing the lives of anyone affected by one of these conditions.

Sign up for free or choose the paid upgrade to gain 8 CPD points recognised by the Royal Society of Public Health (RSPH).

Course start date: 13th May 2019. The course sign-up page is now live. Sign up at: https://www.futurelearn.com/courses/dementia-arts/4
Future Run dates in 2019: 2nd September & 18th November
FREE ONLINE COURSE:
THE MANY Faces OF DEMENTIA

In this online course, you’ll gain a unique insight into dementia through the stories, symptoms and science behind four less common diagnoses. You’ll explore key issues in dementia care and research through the eyes of people affected by four less common conditions. World-leading experts at UCL show how research into the signs, stages, symptoms and causes of these forms can bring us closer to defeating dementia.

Estimated learning time is approximately 2 hours per week across 4 weeks, at your own pace. You will cover the following topics:

• Week 1 – What if dementia runs in the family?
• Week 2 – What if dementia affects behaviour and personality?
• Week 3 – What if dementia makes you see things that aren’t there?
• Week 4 – What if dementia affects your vision, not your memory?

Course start date: **3rd June 2019.** The course sign-up page is now live.

Sign up at: [https://www.futurelearn.com/courses/faces-of-dementia/10](https://www.futurelearn.com/courses/faces-of-dementia/10)

Future Run dates in 2019: **14th October**